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MSgt Eric Johnson receives a donation from Jeff Utain, of Quality Image Publishing, to the Good Shepherd's Fund, a charity operated by the Dover AFB First Sergeants Council. Back row, left to right, are MSgt Anthony Christ, MSgt Jamie Beard, MSgt Juan Dejesus, MSgt Elden Pelletier, SMSgt Steven Ousley, MSgt Montrell Jones, and SMSgt Larry Miller.

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WELCOME

TO DOVER AIR FORCE BASE

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Dover Air Force Base is home to the C-5 Galaxy and C-17 Globemaster III aircraft, the Eagle Wing flies hundreds of missions throughout the world and provides 25 percent of the nation's strategic airlift capability, projecting global reach to more than 100 countries around the globe.

Photos: Courtesy of U.S. Air Force

Dover Air Force Base is home to the 436th Airlift Wing (436 AW) of the Air Mobility Command, known as the "Eagle Wing," and its mission is to safely fix and fly aircraft. The 512th Airlift Wing, the "Liberty Wing" of the Air Force Reserve Command is also at Dover AFB. "Team Dover" refers to both of the wings, and these organizations provide strategic global airlift capability.

Home to the C-5 Galaxy and C-17 Globemaster III aircraft, Team Dover flies hundreds of missions throughout the world and provides 25 percent of the nation's strategic airlift capability, projecting global reach to more than 100 countries around the globe. Dover was the only base to solely operate the massive C-5 Galaxy.

On a daily basis, the impact of the mission can be seen all around the globe, and Dover Air Force Base is today the Department of Defense's largest and most technologically advanced aerial port.

The base is also home to the largest military mortuary in the Department of Defense, and has been used for bringing home military personnel killed in both war and peacetime; the remains of those killed overseas are traditionally brought to Dover before being transferred to family. The Charles C. Carson Center for Mortuary Affairs has also been used to identify remains of civilians in certain exceptional circumstances.

Dover Air Force Base is also home to the Air Mobility Command Museum, where historic military aircraft are kept and maintained for educational purposes, to acquaint the public and military families with the rich history of the nation's air force.

A Military Family Perspective

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We know relocating to a new place can be a stressful experience not only for parents but for the entire family. There are several things you want to keep in mind when relocating to Dover Air Force Base.

The Housing Management Office (HMO) assists with the move transition by offering lease and sale options and guidance. Eagle Heights "base housing," is a great transitioning community that offer tons of amenities. While the community targets relocated military personnel, they do offer housing to civilians if they don't have their occupancy met. If you're looking for a short term stay (or even a long one) Holiday Inn Dover Downtown has military family members employed and understands the transition. They offer a made-to-order complimentary breakfast with all active duty reservations regardless of time of year. They also accommodate your other needs. The property hosts a bar and restaurant onsite, guest laundry room, fitness center, outdoor pool and business center all complimentary.

The base has several conveniences from onsite grocery shopping at great prices to child care based on income. There are opportunities for softball leagues, bowling and other activities for socialization, etc. The outdoor recreation center has rentals from campers and boats to cotton candy machines and lawn equipment at great rates. Most pricing on base is far cheaper than you will find offsite. Children love to visit the Air Mobility Command Museum to check out the planes up close and personal. If you're looking to host any get together from a birthday party to a wedding reception, Holiday Inn Dover Downtown has banquet space for up to 120 attendees with catering on site at some of the lowest prices in town. Where else can you host a wedding reception for 80 people for under $4,000? Group rates for sleeping rooms are also available to out of town guests as well as per diem to our service members.

Downtown Dover hosts fireworks and parades on most of the big holidays and also has a first night Dover celebration the first Friday of the month. If you're looking to further your education, Wilmington University has Associate through Master programs with classes held right on the base. These rates are cheaper than attending at the University itself. If you're a beach lover, you found the right base. We are about 40 minutes from Rehoboth Beach, which is family friendly and budget conscious.

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Just a Few Miles from Dover Air Force Base

First Sergeants' Council on Dover Air Force Base

First Sergeants aren't known to be pushovers, but those at Dover Air Force Base have a soft spot when Airmen and their families are in need. They have a way to help, too, through Dover's First Sergeants' Council.

First Sergeants are senior enlisted personnel, and they are the backbone of the Air Force. They are responsible for the welfare and morale of enlisted men and women in their units.

First sergeants are also the base commander's key link with enlisted members of the Air Force. At Dover, the First Sergeants' Council provides that link.

There are 12 members of Dover's council, who meet weekly. The council president is SMSgt Steven Ousley.

Morale and welfare of Dover Air Force Base personnel are the top priority. "The First Sergeants' Council here on Dover meet with the Wing Commander monthly to go over morale and welfare issues and to discuss ways to improve the quality of life for every Airman and civilian that works on Dover AFB," said MSgt Montrell Jones, who is the president of the council's charity, Operation Warm Heart.

There are First Sergeants' Councils at every Air Force Base and most have Operation Warm Heart or something similar.

The fund is set up to make life a little easier for Dover's servicemen and women, and also to help those who face hardships or emergencies that fall outside of the ability of the Air Force Aid Society, the Air Force's main charitable society, to help, said MSgt Jones.

This year, the council gave $11,000 in various kinds of assistance, up from about $4,000 last year from donations.

"Operation Warm Heart provides all kinds of morale and quality of life events for all of Dover AFB personnel," MSgt Jones said.

"This includes free movies at the base theater, outside movies in the park, and "Angel Tree" for holiday gifts for Airmen. There are free dormitory dinners. Also, we build development of our Airmen through different leadership panels, he said. The council helped make a good Thanksgiving for 210 families with a free turkey this year, up from 146 turkeys last year. In late summer, there was a "back to school" event with free school supplies and backpacks for children of military families.

In June, there was even free gasoline for 30 lucky Airmen, E-4 and below, who showed up at a designated gas station over three to four hours, Sgt. Jones said. "Whoever showed up, and was E-4 or below, got free gas during the event," he said. The council budgeted $670 for the event.

Some of the most important work for the council, however, is helping airmen or families in distress who fall outside the guidelines of Air Force Aid.

"Air Force Aid has limitations on what it can give as a grant," he said. "An example is that if an Airman has a sick parent, but one not gravely sick, there is still real stress about getting home to see the parent. This Airman most likely would not qualify for a grant through Air Force Aid. It would have to be loan to get the Airman home," he said.

There is more flexibility with Operation Warm Heart. "The First Sergeants, through a simple vote, can approve funds to get that Airman home or provide enough to offset the costs. A typical grant ranges from $200 to $400," said MSgt Jones.

The Air Force's main charity, the Air Force Aid Society (*www.afas.org*), has supported the Air Force mission for years by providing worldwide emergency assistance, including education assistance programs and a variety of base community enhancement programs. Operation Warm Heart provides an important supplement to Air Force Aid.

To contact the First Sergeants' Council or to make donations to the Good Shepherd Fund: Contact MSgt Montrell Jones at 436 LRS/CCF, 639 Evereux St., Dover AFB, DE 19902. Or you can call DSN 445-4992 or his cell at 302-363-0376.

Photos: Courtesy of U.S. Air Force, Roland Balik

Dover's First Sergeants' Council, wing leadership, volunteers and donors made Thanksgiving memorable for 211 Team Dover Airmen and families in 17 different squadrons on base. Each holiday food basket contained a frozen turkey but there were also other gifts from the First Sergeants' Good Shepherd Fund as well as local businesses and individuals.

Photo: Courtesy of U.S. Air Force

Dover Air Force Base History

The origins of Dover Air Force Base begin in March 1941 when the United States Army Air Corps selected the airfield for training and assumed jurisdiction over the municipal airport at Dover, Delaware.

The civil airport was quickly built into a military airfield. New hangars, three concrete runways, taxiways, and a large parking apron and a control tower were built. The new facility opened on December 17, 1941, and was assigned to First Air Force.

Anti-submarine Patrols

Three days after the opening of the Municipal Airport, Dover Airdrome, the 112th Observation Squadron of the Ohio National Guard arrived to begin anti-submarine patrols off the Delaware coast. In early 1942, three B-25 Mitchell bomber squadrons arrived with a mission to help patrol the Atlantic coast.

In April 1943, the base became Dover Army Air Base. The anti-submarine mission ended that June and construction crews moved back to the base for a major upgrading project. In September 1944, seven P-47 Thunderbolt squadrons arrived for training in preparation for eventual involvement in the European Theater.

In 1944, the Air Technical Service Command also chose Dover to engineer, develop and conduct air-launched rocket tests, resulting in effective deployment of air-to-surface rockets in both the European and Pacific combat theaters.

On September 1, 1946, Dover Army Airfield was placed on temporary inactive status.

Can I get a job at Dover Air Force Base?

You can seek employment at Dover Air Force Base through two different programs. The first is through a Department of Defense (DoD) position and the second is a local non-appropriated funds (NAF) slot.

To search for DoD jobs at Dover AFB and throughout the DoD system, go to *www.usajobs.gov*. If you locate an open position at Dover AFB, contact Civilian Personnel at 302-677-4649.

To search for any NAF job, go to *www.nafjobs.org.* To look for a NAF job on Dover AFB, go to *www.doverafbservices.com/employment/job_openings_intro.php*. For more information, you can always contact NAF directly at 302-677-6581/6582.

Cold War

Dover was reactivated in August 1950 as a result of the Korean War and the expansion of the United States Air Force in response to the Soviet threat in the Cold War. On February 1, 1951, the 148th Fighter Interceptor Squadron of the Pennsylvania Air National Guard arrived with P-51 Mustangs.

On April 1, 1952, Dover was transferred to the Military Air Transport Service as home to the 1607th Air Transport Wing. On January 1, 1966, the unit was re-designated the Military Airlift Command (MAC). In 1971, C-5 Galaxies began replacing C-141 Starlifters and C-133 Cargomasters. Two years later, Dover became the first all C-5 equipped wing in the Air Force. Dover Air Force Base was also the first Air Force Base to receive a C-5M “Super Galaxy” in February 2009.

When war broke out between Israel and the combined forces of Egypt and Syria in 1973, the units at Dover responded with a 32-day airlift that delivered 22,305 tons of munitions and military equipment to Israel. Dover’s Airmen also assisted in the evacuation of Americans from Iran on December 9, 1978, following the Islamic Revolution. In 1992, Dover AFB was transferred to the newly established Air Mobility Command.

Following the attacks of September 11, 2001, the air wings at Dover became major participants in Operation Enduring Freedom and Operation Iraqi Freedom.

An aircrew from Dover’s 3rd Airlift Squadron landed the first C-5 in Iraq in late 2003 and the two wings continue to support operations in the region.

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DOVER PEOPLE

HELPING AIRMEN STAY HEALTHY

Dawne Nickerson-Banz Helps Airmen Prepare Nutritious, Tasty Meals on Their Own – in the Dorm

By Senior Airman Ashlin Federick, 436th Airlift Wing Public Affairs — March 8, 2016

Whether making a cake for customers or working with Airmen at the base, Dawne Nickerson-Banez has baked her heart into the local community and the lives of Team Dover Airmen.

Honorary commander at Dover AFB and now Air Mobility Command civic leader Nickerson-Banez's passion is teaching Airmen in Dover's dorms about healthy foods and showing them how to prepare tasty meals on their own.

Photos: Courtesy of U.S. Air Force

Possessing all the right ingredients and tools, also important for good cooking, has been Nickerson-Banez's key to success as a business owner. She is the owner of Frankfurt Bakery and Deli in Dover, Delaware, with two locations.

Prior to her business ownership, she was an assistant vice president of business banking for Citizens Bank.

She was also the first female paramedic in Kent County, Delaware, and worked in human resources and logistics at Playtex Products. She was also the director of development for a Kent-Sussex Industries.

She has a lengthy resume besides being an Honorary Commander Alumnus. She is the past president of the Downtown Dover Rotary Club, a member of the Military Affairs Committee, Air Force Association, Delaware Veterans Club and Downtown Dover Partnership.

Being a former Navy Corpsman, helping people is in her blood. After taking a tour of the base, Nickerson-Banez realized there were no hands-on nutritional classes for Airmen living in the dorms.

Coming up on the two-year mark of the program she established, "Dorm to Gourm," Nickerson-Banez said she enjoys hanging out with dorm residents while teaching them healthy meal preparations on a budget.

"Out of everything I am involved in, Dorm to Gourm is my favorite because it is my baby," said Nickerson-Banez.

Dorm to Gourm is a program which teaches Airmen who live in the dorms how to cook basic meals. It is an interactive and hands-on program that allows Airmen to prepare meals and then sit down and enjoy it while they socialize and network with other Airmen. The program is held every other Tuesday in the Health and Wellness Center's state-of-the-art kitchen.

Nickerson-Banez said this program is important to her because some of the Airmen involved would have never met each other had it not been for the program.

"If one works in the Aerial Port Squadron and the other in the Logistics Readiness Squadron, they may never cross paths, but because of Dorm to Gourm, they met, found common ground and now are the best of friends," said Nickerson-Banez. "There is a lot that has happened in the course of two years, and I am very proud of that because I feel like not only am I making memories for them, I am also creating friendships for them to have for life, too."

Before being named an AMC Civic Leader, Nickerson-Banez was part of the Dover AFB Honorary Commander Program for three years.

"It was some of the proudest years of my life," said Nickerson-Banez. "I think it is an awesome program and I love everything that we do. It enhances us. We get the behind-the-scenes tours, and we understand what is happening at the base level, and we can bring it back to our communities."

Team Dover's Honorary Commander program matches individuals from across the state with commanders from the 436th Air Wing, 512th Air Wing, Air Force Mortuary Affairs Operations, Armed Forces Medical Examiner System, Joint Personal Effects Depot and the 373rd Training Squadron, Detachment 3. It's a way to help members of the community understand the importance of Dover AFB and the Air Force's mission. It also allows military commanders and their Airmen to learn more about the community in which they live.

Nickerson-Banez hopes to gain more understanding of the Air Force globally, as well as at the base level, by being a part of the AMC Civic Leader program. She said this program is like the Honorary Commander program taken to the next level. It is a cross section of people from all over the country who get to meet with the leader of AMC to ask questions and get feedback.

"It is an honor for me to have been selected," said Nickerson-Banez. "I think it gives our base a voice and it puts a face to our base. We get to see what leadership wants us to bring back to our bases as well as our communities. Reversely, we can bring back issues in our community and base to the AMC level."

The AMC Civic Leader program provides an opportunity for civic leaders to develop relationships with the AMC commander, provide trusted advice and counsel, and to work towards increasing understanding and cooperation between the civilian community and the Air Force.

Being prior military herself, Nickerson-Banez said people should know the military and the various ways they can support the base and the military in general. She said it is important for people to know how to get more involved.

"I love the military, and I love helping others," said Nickerson-Banez. "What I do is part of who I am. I just love serving. Muhammed Ali said, 'Serving the community and volunteering is the rent we pay for our space on earth.' I believe it. It's in my heart."

Hispanic Heritage Month

Dover Celebrates Its Diversity

Dover Air Force Base celebrates the diversity among its personnel and military families.

As a part of the National Hispanic Heritage Month, September 15 to October 15, and in recognition and celebration of Latin American history and culture, Team Dover sponsored a Hispanic Heritage Committee food tasting event on September 28.

In the photo, Tech. Sgt. Tim Solorio, 436th Civil Engineer Squadron firefighter crew chief, serves pernil, a popular Latin dish, during the food-tasting.

For more information, check out "the face of Dover" features on Team Dover people, at *http://www.dover.af.mil/News/Features/Display/Article/762440/a-face-of-team-dover-2015-vol-2-no-2.*

Photo: Courtesy of U.S. Air Force, Mauricio Campino

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FAMILY LIFE

INFORMATION MILITARY FAMILIES CAN USE

New App Aims to Eliminate Shaken Baby Syndrome

By Senior Airman Aaron J. Jenne, 436th Airlift Wing Public Affairs – August 31, 2016

All new parents know that babies cry, sometimes with no apparent explanation. That's when parents are most at risk of shaking their baby.

"Many times [parents can reach their wit's end when] they've done everything to see why the baby's crying; baby's dry, baby's fed, baby's in a clean environment, but he's still screaming," said Terri Turchan, 436th Medical Group Family Advocacy treatment manager at Dover AFB.

Very young infants are a special source of joy for military families, but they can also be a source of stress. Home and family, and the traditional source of support for young families, are often far away. Fortunately, family specialists at Dover's 436th Wing Medical Group can offers guidance and support, and a new tool developed with Air Force Support is aimed at providing information on handling stress and particularly in preventing shaken baby injuries.

"Far too often this is when a parent will snatch their baby up, and since they have no muscle control in their necks, their brain hits against the brain pan causing any of the numerous injuries associated with shaken baby syndrome."

Until recently, there were few ways to get immediate information to young families when they need it. To get more information to parents, the NCSBS released the Period of PURPLE Crying app, which is supported by all major smartphone carriers and providers.

The Air Force has partnered with the NCSBS to share this app with military members. It's free to download. However, it does require an access code, which is available at any Air Force military treatment facility, including Family Health, Flight Medicine, Family Advocacy and the Pediatrics Clinic.

"There are some really simple methods for soothing a baby that we tend to forget when babies are going crazy crying and you're exhausted because your baby isn't sleeping at night yet," said Capt. Cristina Benitez, 436th MDG Family Advocacy Officer. "

This app can show you some good tricks you can try then and there or at least remind you that this is just a period and it will come to an end. Hopefully, this can give parents some hope."

Benitez said the app contains literature and videos about this period in a child's development and also demonstrates various soothing methods. It's also available when it's needed, anytime, anyplace.

The Family Advocacy staff encourages every new parent to stop by before the stress becomes overbearing.

"Everybody seems to think when you have a baby you have instant access to this encyclopedia and you're going to know exactly what is going to happen and how to handle every situation," Turchan said.

"You find out the first week you have the baby home that you know nothing. For me, it's very satisfying to know I can share information with new families so children can grow up happy and healthy."

Turchan said Airmen and their families may find themselves far from home during their military career, so knowing there is a support structure should be a source of encouragement.

"Through working with the New Parent Support Program, I've seen that most of us have learned to take care of babies from our mothers, aunts and grandmothers who are around us," Turchan said.

"When you join the military, you may find yourself 1,200 miles away from your mother, so being able to find a support structure is extremely important. Come visit us anytime, and we'll talk about how you can do it, and how we can help you succeed."

Turchan said shaking a baby can result in multiple injuries including detached retinas, bleeding in the brain and other trauma to the head area.

(Continued on next page.)

Shaken Baby Syndrome is also a leading cause of death in children under 3 years old, accounting for 43 percent of deaths in this age group.

In an effort to raise awareness to this terrible syndrome, the National Center on Shaken Baby Syndrome developed the Period of PURPLE Crying.

PURPLE stands for:

Peak of crying: The crying may crescendo, peaking around the child's second month.

Unexpected: The crying may start or stop without any indication why.

Resists soothing: The child may not stop crying despite any of the parents' efforts to sooth them.

Pain like face: A crying child's face may appear to be in pain, even if the child is not suffering.

Long lasting: The baby could cry for more than five hours in a day.

Evening: The baby can cry more in the evening hours.

The word 'Period' means the crying has a beginning and an end.

"The Period of PURPLE Crying begins at about two weeks of age and continues until about three to four months of age," said Marilyn Barr, NCSBS founder and former executive director.

"There are other common characteristics of this phase, or period, which are better described by the acronym PURPLE. All babies go through this period. It is during this time that some babies can cry a lot and some far less, but they all go through it."

For more information about the Period of PURPLE Crying, visit *www.purplecrying.info*, or download the app from your app store and visit any Air Force MTF for an access code.

436th Medical Group Pharmacy Customer Service Enhancements

By Maj. Alison M. Ney, 436th Medical Support Squadron — June 28, 2016

The Dover AFB Pharmacy now offers two new customer service enhancements. The first one is a MedReturn bin for unused or expired medications. The second enhancement allows beneficiaries to refill their medications online instead of over the phone. We highly encourage our beneficiaries and customers to take advantage of these improvements.

Did you know overdoses from prescription medications is one of the leading causes of death each year in the U.S. According to the Centers for Disease Control and Prevention, the rate of deaths from drug overdose has increased 137 percent since 2000. The Dover AFB Annual Drug Takeback Day event is one of the efforts to help curtail the problem. The event provides an opportunity to dispose of expired or unwanted medications. Now, instead of waiting for the annual event, customers can safely get rid of their expired or unwanted medications in a MedReturn bin which is located inside the 436th Medical Group between the main entrance door and the pharmacy.

Anyone that has base access is permitted to utilize the MedReturn bin during the hours that the 436th MDG is open. The hours of operation are from 7:30 a.m. to 5 p.m., Monday through Friday. The 436th MDG is closed the second Tuesday of the month, all federal holidays, Air Mobility Command family days and other days designated by leadership.

All items deposited in the MedReturn bin will be directly removed and incinerated in partnership with Security Forces, Office of Special Investigations and the Drug Enforcement Administration. Items that can be deposited into the bin include prescription pills, patches, ointments, vitamins, over-the-counter medications, samples and pet medications. Items that cannot be deposited include inhalers, aerosol cans, needles, thermometers, liquids or hydrogen peroxide. There is a picture on the front of the MedReturn bin to remind customers of what can and cannot be placed in the bin. If you have any questions about appropriate disposal of other products, stop by the pharmacy to speak with a representative. If you have other items at home that you are unsure of how to dispose of, you can ask a pharmacy representative to help with options for proper, environmentally safe disposal.

We are very pleased with the TRICARE Online pharmacy improvements which allows beneficiaries to better manage their medications online using *www.Tricareonline.com* features.

After logging in, beneficiaries are able to view all active medications that are included in their profile as well as the date they can be refilled. This capability eliminates the need to call the pharmacy department if someone forgets the refill number.

Additionally, there are options to receive confirmation emails or text messages pertaining to date and time the refills will be available for pick-up. The system requires each beneficiary over the age of 18 to establish their own account. Dependents who are younger than the age of 18 are listed under their sponsor's account.

Spouses will not be able to view each other's account. We sincerely hope that these enhancements will result in a more pleasant experience for our beneficiaries thereby increasing customers' satisfaction.

Your Health: Protecting from Mosquito-borne Illness

Military people travel, so exposure to illnesses in different environments, often warm ones, is always a concern. One major concern, particularly recently with the Zika virus, is mosquito-borne illness.

This is a significant public health concern, both to the Department of Defense (DoD) and to the broader national and international public health community. We provide a collection of resources to assist in education and for partners and stakeholders on issues relating to mosquito control and prevention, as well as the prevention of mosquito-borne infectious disease.

Preventing Mosquito-Borne Illnesses

To prevent an outbreak of any mosquito-borne illness, it is important to control the mosquito population and protect yourself from mosquito bites. Here are things to do:

- Use insect repellent.
- Treat your clothing and gear if you'll be outside.
- Mosquito-proof your home.

Traveling Overseas?

Mosquito bites are bothersome enough, but when you consider all of the risks, like getting sick with Zika, dengue, chikungunya or other mosquito-borne illness, its important to protect yourself and your family when traveling overseas.

- ***Research your travel destination:*** Learn about country-specific travel advice, health risks, and how to stay safe by visiting CDC Travelers' Health website.
- ***Use insect repellent:*** Use an Environmental Protection Agency (EPA)-registered insect repellent. When used as directed, the insect repellents are proven safe and effective, even for pregnant and breastfeeding women.
- ***Cover up:*** Wear long-sleeved shirts and long pants.
- ***Keep mosquitoes outside:*** Stay in places with air conditioning or that use window and door screens. If you are not able to protect yourself from mosquitoes inside your home or hotel, sleep under a mosquito bed net.

After Your Trip

Visit your healthcare provider right away if you develop a fever, headache, rash, muscle or joint pain.

- Tell your doctor about recent international travel.
- Visit the CDC's Getting Sick After Travel webpage for more information.

The Zika Virus

The Zika virus, which is now attracting wide attention, is spread to people primarily through the bite of an infected Aedes species mosquito. The most common symptoms of Zika are fever, rash, joint pain and conjunctivitis (red eyes). The illness is usually mild with symptoms lasting for several days to a week. People usually don't get sick enough to go to the hospital, and they very rarely die of Zika.

You can call the Army Public Health Center's "Soldier and Family Support" Zika Hotline if you have questions about Zika or if you're concerned that you've been exposed to the virus. The Zika Hotline is 800-984-8523.

Malaria

Malaria is a serious, sometimes fatal disease caused by a parasite that commonly infects a certain type of mosquito which feeds on humans. About 1,500 cases of malaria are diagnosed in the United States each year. The vast majority of cases in the United States are in travelers and immigrants returning from countries where malaria transmission occurs, many from sub-Saharan Africa and South Asia.

Symptoms of malaria include fever and flu-like illness, including shaking chills, headache, muscle aches, and tiredness. Nausea, vomiting, and diarrhea may also occur. Malaria may cause anemia and jaundice (yellow coloring of the skin and eyes) because of the loss of red blood cells. Although malaria can be a deadly disease, illness and death from malaria can usually be prevented.

Dengue

Dengue virus is a leading cause of illness and death in the tropics and subtropics. As many as 400 million people are infected yearly. Dengue is caused by any one of four related viruses transmitted by mosquitoes. Dengue has emerged as a worldwide problem only since the 1950s.

The principal symptoms of dengue fever are high fever, severe headache, severe pain behind the eyes, joint pain, muscle and bone pain, rash, and mild bleeding (e.g., nose or gums bleed, easy bruising). Generally, younger children and those with their first dengue infection have a milder illness than older children and adults.

Dengue hemorrhagic fever (DHF) is a more severe form of dengue infection. It can be fatal if unrecognized and not properly treated in a timely manner. DHF is caused by infection with the same viruses that cause dengue fever. With good medical management, mortality due to DHF can be less than 1 percent.

West Nile

West Nile virus is an arthropod-borne virus (arbovirus) most commonly spread by infected mosquitoes. West Nile virus can cause febrile illness, encephalitis (inflammation of the brain) or meningitis (inflammation of the lining of the brain and spinal cord).

West Nile virus transmission has been documented in Europe and the Middle East, Africa, India, parts of Asia, and Australia. It was first detected in North America in 1999, and has since spread across the continental United States and Canada.

- Most people (70-80 percent) who become infected with West Nile virus do not develop any symptoms.
- About 1 in 5 people who are infected will develop a fever with other symptoms such as headache, body aches, joint pains, vomiting, diarrhea, or rash.
- Less than 1 percent of people infected will develop a serious neurologic illness like encephalitis or meningitis (inflammation of the brain or surrounding tissues).

Chikungunya

Chikungunya is an illness caused by chikungunya virus and is transmitted to people by mosquitoes. Common symptoms of chikungunya virus infection are fever and joint pain. Other symptoms may include headache, muscle pain, joint swelling, or rash. At this time, there is no vaccine to prevent or medicine to treat chikungunya virus infection.

Outbreaks have occurred in countries in Africa, Asia, Europe, and the Indian and Pacific Oceans. In late 2013, chikungunya virus was found for the first time in the Americas on islands in the Caribbean.

There is a risk that the virus will be imported to new areas by infected travelers. Travelers can protect themselves by preventing mosquito bites.

Photo: Courtesy of U.S. Air Force

Friday Night, Too Many Drinks, No Ride Home? Be Safe: Call DAADD!

It's Friday night and you're out with your friends having just a few drinks. But the next thing you know, you've consumed eight beers, three mixed drinks, and half of a hard cider. You're so drunk that you'd probably fall off of a balcony. So why would you think driving a vehicle is a good idea?

If you have had a little too much to drink and need to get home, do not get behind that wheel. All Team Dover Airmen have a safe and free option in the Dover Airmen Against Drunk Driving program, or DAADD.

"Dover's Airmen Against Drunk Driving program is a phenomenal Airmen-run program that keeps our most valuable resource safe, our Airmen," said Chief Master Sgt. Sarah Sparks, 436th Airlift Wing command chief. "Our dedicated DAADD volunteers make this program a success."

The service is free, anonymous and will get you home safe and sound.

"When your plans falls through or you find yourself without your wingman, the DAADD program is there for you," said Sparks. "When you realize the impact a DUI can have on your career, your wallet, your driving privileges or a life, there should be no question about the choice you should make. With this great resource available, there's no excuse."

To utilize DAADD, call 308-677-6000 on Friday and Saturday nights from 10 p.m. to 3 a.m. The program also runs on the nights of some holidays or major events, such as Independence Day and the Super Bowl.

DAADD would not be a success without its dedicated volunteers.

"DAADD is a free program," Staff Sgt. Thomas Nuckols, 436th Medical Support Squadron diagnostic imaging said. "It is run by our fellow Airmen for our fellow Airmen."

Around base, every unit has a DAADD representative who is responsible for facilitating volunteers and getting the word out about the program. Nuckols represents the 436th Medical Group.

"As of today, I have facilitated more than 400 hours for the medical group," said Nuckols. "The true nature of our Airmen is to help one another. From my three years here I've noticed how fully we embrace this wingman concept at Dover. So it's always sad when you hear about any DUI charges involving our Airmen, when knowing how many of us are available, every weekend."

Since January 2016, 792 Team Dover Airmen have volunteered 3,960 hours toward the DAADD program, helping save 95 lives. But more can always be done. One DUI is one too many for Team Dover.

"Just because someone uses DAADD doesn't mean they are incompetent or irresponsible," said Nuckols. "People use DAADD because they are mature enough to make a rational and reasonable choice; the choice to save a life, a family or a career. The choice to keep our roads safe. Even if you have had just one drink, or drank and feel like you can make it home, play it safe and don't."

Drinking and driving not only puts your career at risk, it puts your life and the lives of other motorists at risk.

"Have a plan," Nuckols said. "But if your plan falls through, don't drink and drive. Call DAADD, because one DUI is one too many, and we are all here for each other."

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HOUSING

ON DOVER AIR FORCE BASE

Dover AFB Housing

The Dover AFB Housing Management Office is ready to support military families who need housing. You can use these resources to become familiar with the housing options and support services available. When you arrive at Dover Air Force Base, you must visit the Housing Management Office to receive counseling and guidance before entering into any written lease or rental/sales contract for housing.

Since 1939, Dover AFB has been a valuable resource to the economy of Delaware. More than 11,000 individuals are on Dover, including military, civilians, reservists and dependents. The base has an economic impact of more than $629 million yearly and ranks as Delaware's third largest industry.

The Eagle Heights family housing at Dover is privatized. Hunt Military Communities owns the family housing and is responsible for maintaining, repairing, constructing and managing the properties.

In addition to your option to purchase and rent housing off base in the local community, you may also choose to live in Dover's privatized housing by signing a tenant lease agreement with Hunt Management Company.

For information about the privatized housing community, visit the Dover Family Housing website for more about the homes and amenities available.

Key Contacts

Dover AFB Housing Management Office
436 CES/CEAC, 600 Chevron Avenue
Dover AFB, DE 19902-5600
Phone: 302-677-6969
Fax: 302-677-2804
DSN: 445-2804
Email: *436CES.DoverHousingOffice.ORG@us.af.mil*
Hours of Operation: Monday–Friday, 7 a.m.–4:30 p.m.

Hunt Military Communities
1069 High Street, Dover, DE 19901
Phone: 302-678-3603
Fax: 302-677-3610
Email: *Doverleasing@huntcompanies.com*
Website: *www.DoverFamilyHousing.com*
Hours of Operation: Monday–Friday, 8 a.m.–5 p.m.
Saturday, 9 a.m.–12 noon

Privatized Housing

Housing Privatization is a Department of Defense initiative to continue providing quality housing for all Airmen and their families. Private housing shifts the operations and maintenance responsibility of family housing on military installations in the continental U.S. and Alaska to the private sector whose expertise it is to build and manage housing. This allows Airmen to focus on the Air Force mission.

With this partnership, the Air Force and its private partners can provide new or renovated homes with modern amenities for Airmen and their families in communities where they choose to live. Rent under privatized housing is paid by allotment of the Basic Allowance for Housing. Unlike housing in the local community, rent for a privatized home may not exceed the "with dependent" BAH rate designated for your rank.

For specific eligibility criteria, contact the Property Management Office.

Homes in the community are metered and you will be billed directly for gas and electric services by Dover Electric and Chesapeake Utilities. The utility allowance is based on 110 percent of the estimated average utility cost (gas and electric) for each unit type. The more energy you conserve, the more money you keep. For more information about utilities, contact the Property Management Office.

Housing in the Local Community

The Housing Management Office (HMO) provides all DoD personnel with personalized services to assist in locating suitable housing in the local community. Although moving is sometimes stressful, it can also be an exciting opportunity to live off base and experience a new location. The HMO will assist you every step of the way to help you find your new home in the local community.

Contact the HMO as soon as you know you are moving. The government housing team will provide you the latest information on the local housing situation and offer complete referral services and relocation assistance. Support services range from helping members understand their lease agreements and the necessity for a military release clause to assisting in resident and landlord dispute resolution, among many others.

The HMO partners with landlords, realtors and various property managers to make sure you receive the most current information about the local housing market. The HMO also monitors housing units offered for rent to the military community.

Community housing units can include:

- **Apartments:** One, two and three bedroom units are available in several apartment communities.
- **Townhomes and Duplexes:** Two, three and four bedroom units are available in the local area.
- **Single Family Homes:** One to five bedroom single family dwellings are available in the local area.

For complete information about the housing allowances that financially support your move to Dover, see Referral and Relocation Assistance.

CRITICAL INSTALLATION INFORMATION

Automobiles

Vehicle insurance in Delaware can be expensive so be sure to research rates in advance so you have sufficient funds available.

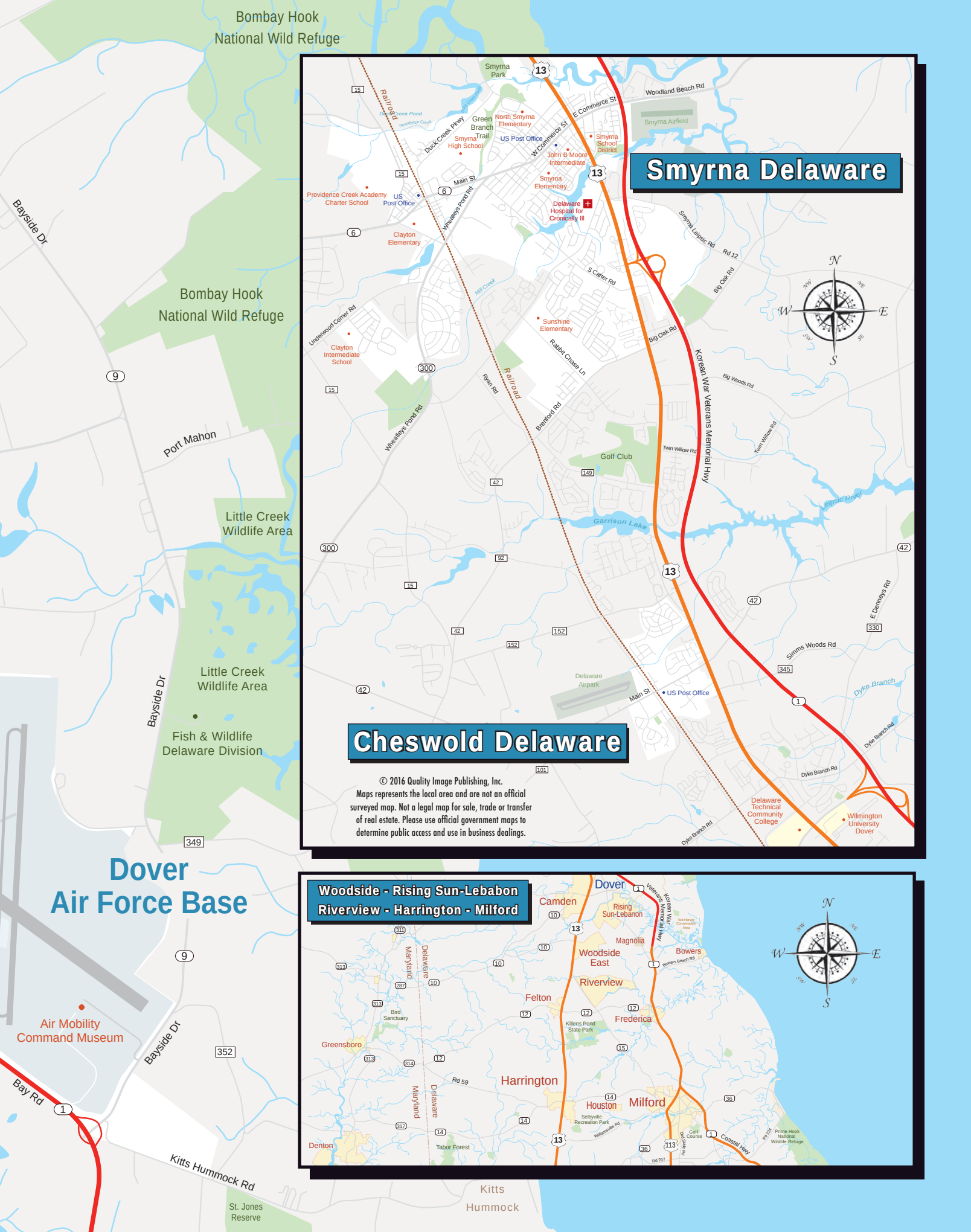
Preparedness

Hurricanes are a possibility in Delaware. The season runs from June 1 to November 30. New residents should become knowledgeable in hurricane preparations and safety precautions.

Personal Property Insurance

You need to obtain legal liability and personal property insurance for your possessions and should choose the options and amounts that best fit your needs and lifestyle. Before purchasing your insurance, please consult the HMO for more information about coverage.

Dover Delaware
Dyke Branch Rd
Lewis Dr
Fork Branch Rd
McKee Rd
Delaware Technical Community College
Wilmington University Dover
Leipsic Rd
Scarborough Rd
Dover Mall
W Denneys Rd
Dover International Speedway
Korean War Veterans Memorial Hwy (Toll Rd)
White Oak Rd
Delaware State University
Calhoon Branch
Railroad
State College Rd
Capital School District
Silver Lake
Tower Point Elementary
N. Dover Elementary
Little River
Maple Dale Golf Course
W State College Rd
Walker Rd
Ross St
N State St
White Oak Rd
Dover Park
Acorn Ln
St Johns Lutheran School
Campus Community School
Clara St
Central Middle School
E Division St
Kenton Rd
S Scarborough Rd
Wesley College
Academy of Dover Charter School
Kent Community School
N West St
W Division St
US Post Office
Morgan Branch
Forest Ave
Forest St
S New St
S State St
Dover High School
Biggs Museum
S Little Creek Rd
East Elementary
W North St
S West St
S Bay Rd
Horsepond Rd
Dover St
South Elementary
5th St
Schutte Park
Waples Ave
Hazlettville Rd
Wyoming Ave
Wyoming Mill Rd
Puncheon Run Connector
St. Jones River Greenway
Kessering Ave
Highview Ave
Webbs Ln
Wilmington College
New Burton Rd
W. Reily Brown Elementary
Moores Lake
USO
Wyoming Lake
Brecknock Park
Dover Base Housing
Calvary Christian Academy
Jenkins Airport
Front St
US Post Office
Caesar Rodney High School
Eagle Creek Golf Club
E Camden Wyoming Ave
W Lebanon Rd
Maj. George Welch Elementary
Lockheed Martin
South St
S Main St
Cemetery
S Old Mill Rd
Tidbury Park
Cypress Branch Rd
Dover AFB Middle School
Gen. Henry M Arnold Elementary
Moose Lodge Rd
Willow Grove Rd
Upper King Rd
S Dupont Hwy
Sorghum Mill Rd
W Reily Brown Elementary
Rising Sun Rd
S State St
Rising Sun-Lebanon
John S. Charleston K-12
Star Hill Elementary
Elementary
West Dr
N
S
E
W


Bombay Hook
National Wild Refuge
Bayside Dr
Bombay Hook
National Wild Refuge
9
Port Mahon
Little Creek
Wildlife Area
Little Creek
Wildlife Area
Bayside Dr
Fish & Wildlife
Delaware Division
349
Dover
Air Force Base
9
Air Mobility
Command Museum
Bayside Dr
352
Bay Rd
1
Kitts Hummock Rd
St. Jones
Reserve
Kitts
Hummock
Smyrna Delaware
Smyrna
Park
13
Railroad
Woodland Beach Rd
E Commerce St
Smyrna Airfield
Duck Creek Pkwy
Green
Branch
Trail
North Smyrna
Elementary
Smyrna
High School
US Post Office
W Commerce St
Smyrna
School
District
John B Moore
Intermediate
Smyrna
Elementary
Main St
Providence Creek Academy
Charter School
US
Post Office
Wheatleys Pond Rd
Delaware
Hospital for
Cronically Ill
Clayton
Elementary
Smyrna Leipsic Rd
Rd 12
S Carter Rd
Big Oak Rd
Mill Creek
Underwood Corner Rd
Clayton
Intermediate
School
Sunshine
Elementary
Rabbit Chase Ln
Korean War Veterans Memorial Hwy
Big Woods Rd
Ryan Rd
Brenford Rd
Twin Willow Rd
Golf Club
Leipsic River
Garrison Lake
E Denneys Rd
Simms Woods Rd
Cheswold Delaware
Delaware
Airpark
Main St
US Post Office
Dyke Branch
Dyke Branch Rd
Delaware
Technical
Community
College
Wilmington
University
Dover
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Riverview - Harrington - Milford
Dover
Camden
Rising
Sun-Lebanon
Veterans Memorial Hwy
Korean War
Magnolia
Woodside
East
Bowers
Bowers Beach Rd
Riverview
Felton
Frederica
Killens Pond
State Park
Maryland
Delaware
Bird
Sanctuary
Greensboro
Harrington
Rd 59
Houston
Milford
Selbyville
Recreation Park
Golf
Course
Coastal Hwy
Prime Hook
National
Wildlife Refuge
Denton
Tabor Forest
N
S
E
W

SCHOOLS

DOVER AIR FORCE BASE AREA SCHOOLS

School Liaison Office

The School Liaison Office assists all military families of school-aged children with questions on public schools and secondary schools in the Dover area. You can reach the office at 302-677-6930 (DSN 445-6930) or you can email *doverfsc@amc.af.mil*. The office, located in the Airman and Family Readiness Center, Bldg. 263, is on the first floor.

There are 54 public schools in Kent County, Delaware, serving 25,706 students. Following is a list of the schools on or near Dover Air Force Base.

There are 54 public schools in Kent County, Delaware, serving more than 25,706 students district wide. There are also a variety of private schools available. For more information on all of the public schools listed, you can visit the websites listed.

Caesar Rodney School District
Kent County, Delaware
7 Front St., Wyoming, DE 19934
www.crk12.org

Air Base Middle School
3100 Hawthorne Dr.
Dover, DE 19901-5391
www.crk12.org/abms

Allen Frear Elementary School
238 Sorghum Mill Rd.
Camden, DE 19934-9627
www.crk12.org/afes

Caesar Rodney High School
239 Old North Rd.
Camden, DE 19934-1248
www.crk12.org/crhs

Charlton School
278 Sorghum Mill Rd.
Camden Wyoming, DE 19901
www.crk12.org/charlton

Fred Fifer III Middle School
109 East Camden-Wyoming Ave.
Camden, DE 19934-1250
www.crk12.org/fms

George Welch Elementary School
3100 Hawthorne Dr.
Dover, DE 19901-5391
www.crk12.org/welch

McIlvaine Early Childhood Center
11 East Walnut St.
Magnolia, DE 19962
www.crk12.org/mecc

Nellie H. Stokes Elementary School
3874 Upper King Rd.
Dover, DE 19904
www.crk12.org/stokes

Postlethwait Middle School
2841 South State St.
Camden, DE 19934-9627
www.crk12.org/pms

Star Hill Elementary School
594 Voshells Mill Star Hill Rd.
Dover, DE 19901-6121
www.crk12.org/starhill

W.B. Simpson Elementary
5 Old North Rd.
Wyoming, DE 19934-1247
www.crk12.org/simpson

W. Reily Brown Elementary School
360 Webbs Ln.
Dover, DE 19904-5438
www.crk12.org/brown

Capital School District
Kent County, Delaware
1 Patrick Lynn Dr.
Dover, DE 19904
www.capital.k12.de.us

Central Middle School
211 Delaware Ave.
Dover, DE 19901-3895
www.central.capital.k12.de.us

Dover High School
One Dover High Dr.
Dover DE 19904
www.doverhigh.capital.k12.de.us

East Dover Elementary School
852 South Little Creek Rd.
Dover, DE 19901-4797
www.east.capital.k12.de.us

Fairview Elementary School
700 Walker Rd.
Dover, DE 19904-2792
www.fairview.capital.k12.de.us

Hartly Elementary School
2617 Arthursville Rd.
Hartly, DE 19953-0025
www.hartly.capital.k12.de.us

Kent County
Secondary Intensive Learning Center
631 Ridgely St., Suite 19
Dover, DE 19904-2716
www.kcilc.capital.k12.de.us

Kent County Community School
65-1 Carver Rd.
Dover, DE 19904-2716
www.kccs.capital.k12.de.us

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www.south.capital.k12.de.us

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Benjamin Banneker Elementary School
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be.milfordschooldistrict.org

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me.milfordschooldistrict.org

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SERVICES

ON DOVER AFB FOR AIRMEN AND FAMILIES

Airman and Family Readiness Center

The Airman and Family Readiness Center is a one-stop information referral center for single, married, active-duty, Guard, Reserves and retired members as well as their families. One of the major functions of the center is linkage – ensuring that military personnel and their families are connected with appropriate services on and off base.

Photo: Courtesy of U.S. Air Force

The Dover AFB Military and Family Readiness Center provides information, support and services to help you and your family balance the needs of military life. It is part of the overall Air Force Family Readiness System, a network of agencies, programs services and partnerships who can help with mobilization and deployment readiness and family economic readiness.

The Airman and Family Readiness Center is located at 846 Sumner Drive, Bldg. 846, and can be reached by calling 302-677-6930. Call the center for assistance anytime you have a question and do not know where to find the answer.

Access to a Military Family Life Consultant (MFLC) is readily available. Please call 302-379-6411 to speak directly to a counselor and arrange to meet at a time and location that best meets your needs.

Airman and Family Services

- Information and Referral
- Family Life Skills
- Transition to Civilian Life
- Career Development
- Relocation Services
- Personal Financial Management
- Air Force Aid Society

Airman and Family Readiness Center

846 Sumner Drive, Dover AFB, DE 19901
Phone: 302-677-6930
Hours of Operation: Monday–Friday 8 a.m.–5 p.m.

Family Advocacy Office

The Dover AFB Family Advocacy Office is responsible for programs such as:

- Family Maltreatment
- New Parent Support Program (NPSP)
- Prevention/Outreach Services

Services Offered

- Anger Management Classes
- Stress Management Classes
- Relationship Enhancement Classes
- Home visitation for expecting parents
- Family violence reporting via an Unrestricted Report or a Restricted Report

Additional Resources

- Futures Without Violence
  http://www.futureswithoutviolence.org/
- National Domestic Hotline, 1-800-799-SAFE (7233)

Military and Family Support Center

As a gateway to resources you need, the Military and Family Support Center provides information, support and services to help you balance the demands of military life. The Military and Family Support Center is one part of the overall Family Readiness System, which is the network of agencies, programs, services, partnerships and individuals that support your personal and family life readiness, mobilization and deployment readiness, and mobility and economic readiness. It should be one of your first stops once you arrive at a new installation. The programs and services are a key resource for you and your family.

Deployment Support

Deployment support assists you and your family during all phases of the deployment cycle, providing workshops and services to help meet the challenges of deployment, as well as information and referral to deployment-related resources. Services include education briefings for deploying members and families, support services, morale calls and service-specific programs.

Photos: Courtesy of U.S. Air Force

Relocation Assistance

Relocation assistance provides an array services to meet your moving needs. Relocation services include, but are not limited to, relocation workshops to help you prepare for a move, information on installations and communities worldwide and, where offered, a loan closet for basic household items. Relocation assistance also includes assistance with in-transit emergencies. Military and Family Support Centers work with other installation agencies to keep relocation information current, timely and relevant to allow you to make informed decisions and ensure you experience a smooth and successful move.

Personal Financial Management

Personal financial management provides information, education and one-on-one financial counseling to assist you and your family in maintaining your financial readiness. Services are designed to address money management issues throughout your active-duty life cycle and into retirement. Financial readiness educational opportunities range from basic planning to longterm investing.

Employment Assistance

Employment assistance offers comprehensive information, tools and resources to support career exploration, training and licensing, and employment readiness. Military and Family Support Centers may offer career counseling, local labor market information, trend tracking, skills and interests identification, job bank referrals and resources for self-employment.

Family Life Education

Family life education provides a wide variety of information and education to assist you and your family in developing resilience skills that help as you navigate your mobile military lives.

Passports and Visas

Ensure member and/or dependents have the required passports and/or visas prior to final out-processing. Member and/or dependents are not allowed to final out-process without the required passports/visas in hand for themselves (if applicable) and/or dependents. Members electing the accompanied tour will not be permitted to out-process without having the required passports/visas in hand for themselves (if applicable) and/or dependents.

These actions are necessary to prevent unforeseen hardships on the military members and their families. Therefore, as one last reiteration, it is essential that members do not out-process without having the required passports/visas for themselves (if applicable) and/or dependents.

The Transition Assistance Program

The Transition Assistance Program prepares separating, retiring and demobilizing service members (and their families) with the skills and knowledge necessary for a successful transition from military to civilian life. The first step in your transition process is to complete the congressionally-mandated pre-separation counseling session, which furnishes detailed information on various benefits and services available.

Family Medicine

Phone: 302-730-4633

How do I book an appointment?

You can call the appointment line at 302-730-4633 or visit Tricare Online online at *www.tricareonline.com*.

How do I get medications refilled/renewed?

There are several options available. It takes at least a few days to refill medications, so please plan ahead.

Medication Refill Line

Phone: 302-677-2533 or 800-831-7944
(If you have refills left on prescriptions filled at this pharmacy.)

PCM Team, Central Appointment Line

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Health and Wellness

Phone: 302-677-3733

The following services can be provided for active-duty, retirees and their dependents:

- 90 in 90
- Exercise and nutrition education (Classes or one-on-one)
- Physical therapy
- Weight management program
- Tobacco cessation (classroom or online)
- Bod Pod: Body composition measurement
- Relaxation room/massage chairs

Mental Health Services

Phone: 302-677-2674

Other services that are offered by the 436th Medical Group Mental Health Clinic include:

- Mental health treatment
- Substance abuse prevention, assessment and treatment
- Domestic violence and child abuse/neglect prevention and intervention
- Prevention classes and groups

Suicide Prevention

- National Suicide Prevention Lifeline *http://www.suicidepreventionlifeline.org*
- Suicide Prevention Resource Center *http://www.sprc.org*

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ACTIVITIES

COOL THINGS TO DO IN THE AREA

Air Mobility Command Museum

Where do old airplanes go? The lucky ones go to the Air Mobility Command Museum — the only museum dedicated to airlift and air refueling history!

The Air Mobility Command Museum houses a growing collection of vintage planes and artifacts that reflect the evolution, history and varied missions of military airlift and tanker aircraft. Special emphasis is placed on the history of Dover AFB since its beginnings in 1941. Admission to the museum is free.

Air Mobility Command Museum
1301 Heritage Rd, Dover AFB, DE 19902
Open: Tuesday – Sunday, 9 a.m. to 4 p.m.
Free admission and parking
Phone: 302-677-5938
Website: *www.amcmuseum.org*

Photos: Courtesy of U.S. Air Force

A point of pride is that Dover's Air Mobility Command Museum is now the only museum in the world to have a C-5 Galaxy in the collection. It is the world's largest military aircraft. Also, there are two aircraft open for visitors to view every day, including the C-5. On "open cockpit" day, a regular event that begins in March, there are additional aircraft open.

While at the museum, visitors can fly one of the free flight simulators and do some shopping in the museum store.

Housed in a restored World War II hangar that was once the home of the Army Air Force Rocket Test Center, the museum is a registered National Historic Site. There is a large outside airpark, a commemorative garden and an excellent spot to watch airfield operations.

The collection started in 1986 with a single C-47A that was rejected beyond saving by other museums. Today, it stands immaculately restored among two dozen other planes and helicopters, all available for close inspection.

Dover's first strategic airlifter is represented by the single remaining C-54M, which was specially modified during the Berlin Airlift for hauling coal. One of the most charismatic planes in the collection is undoubtedly the B-17 Flying Fortress that recently completed a long-term refurbishment. It sits beside a P-51 Mustang that looks mission ready. Our Trainer collection ranges from an open cockpit PT-17 biplane to a jet propelled T-33 Shooting Star, and don't miss our supersonic fighters including an F-106 Delta Dart.

The museum has the very first C-141A Starlifter ever built; one of only four still in existence and the last C-141B stationed at Dover. Although these swept-wing four engine jets are some of the largest planes in our permanent collection, we have other rare transports like a C-123 Provider and a C-7 Caribou. More aircraft and displays are being added regularly.

The museum is open to the public on Tuesday through Sunday from 9 a.m. to 4 p.m. and it is closed on Monday and federal holidays. For more museum information, call 302-677-5938 or visit the website *www.amcmuseum.org*.

In March, the museum resumes its "Open Cockpit Day" on every third Saturday of the month through November. The museum opens up some of its more impressive planes for guided tours, and the cockpits are typically opened on 10 to 15 aircraft. These will be opened to the public from 10 a.m. to 3 p.m., if weather permits, and tour guides are available.

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Photo: Courtesy of U.S. Air Force, TSgt Nathan Gallahan

Fun in Central Delaware

Central Delaware has a variety of recreational activities and cultural events with shopping, beaches, distilleries and breweries, wineries, and delicious dining. The region is also home to several big-name events including two NASCAR races and the nationally-renown Firefly Music Festival.

Arts and culture are in abundance in central Delaware as well. The Children's Theatre, Symma Opera House and the Sewell C. Biggs Museum of American Art are popular attractions. Kent County has 29 museums and visitor attractions including, of course, the popular Air Mobility Museum at Dover AFB. A new project under development is the Kent County Sports Complex, which will have 16 outdoor turf fields.

Points of interest:

- **The Green** is a colonial-era site for gatherings and festivals laid out by William Penn in 1717. Delaware's regiment that fought in the American Revolution mustered here in 1776.
- **John Dickinson Plantation** is an 18-acre site along the St. Jones River that was the home of John Dickinson, the author of articles and pamphlets in support of the American Revolution. The site has 1740-era colonial brick homes and other restored dwellings. Tours and lectures are available.
- **Johnson Victrola Museum** has an extensive collection of early "talking" machines (early record players). The Victor Talking Machine Co. was formed in 1901.
- **Schwartz Center for the Arts** was constructed in 1901 as the Dover Opera House. The building, now restored, is a center for the arts including performances and music events.
- **Star Hill AME Church and Museum** has exhibits on African American history and interpretive programs on Delaware's Underground Railroad.

Annual Events Near Dover AFB

Below are some of the annual events hosted near Dover Air Force Base.

Mount Cuba Center Wildflower Celebration
Late April, Hockessin

This annual tribute to nature features wonderful things like gardening demonstrations, family fun, live music and delicious food.

Dover Days Festival
First weekend in May, Dover

A celebration of the capital city's history includes arts and crafts vendors, walking tours, live entertainment and more.

Winterthur Point-to-Point
First Sunday in May, Greenville

A place to see-and-be-seen amid extravagant "tailgate" buffets and lavish hospitality tents. The horse racing is just an added bonus.

NASCAR Races at Dover International Speedway
Last weekends in May and September, Dover

Race fans can cheer on their favorites as they take on the Monster Mile.

Firefly Music Festival
Third weekend in June, Dover

Unforgettable rock performances are always in store at the East Coast's premier music experience.

Delaware State Fair
Mid-July, Harrington

Deep-fried treats, live music, rodeos, demolition derbies, and some of the nation's top music acts.

Delaware Wine and Beer Festival
Fourth Sunday in October, Dover

Sip beer, wine and spirits from Delaware's finest wineries, breweries and distilleries; shop local artisans' wares; listen to live music; compete in a keg toss; and play corn hole.

Sea Witch Halloween & Fiddler's Festival
Last weekend of October, Rehoboth Beach

Rehoboth Beach's annual fall celebration has a costume parade, broom-tossing contest, performances from fiddlers and banjo players, and the Chicken Wing Championship.

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THE DENTIST

Dr. Karen Rose is an alumnus of the University of Maryland Dental School, which is the direct descendant of the world's very first dental school: The Baltimore College of Dental Surgery (BCDS). An act of Maryland General Assembly chartered BCDS in 1840. BCDS originated the Doctor of Dental Surgery degree and was the first school in the world to offer a science-based curriculum in dentistry. www.dental.umaryland.edu.

Dr. Rose, with over 35 years of experience in the Dental Field, served as a Commissioned Officer in the 436th Airlift Flight Dental Squadron here at Dover Air Force Base. A research scientist with the American Dental Association Health Foundation, Dr. Rose was the first to document a phenomenon that she named "Swimmers Calculus." She has published in multiple professional journals including The New England Journal of Medicine, The Journal of the American Dental Association and The Journal of Dental Research. She served as a State of Delaware Dentist Administrator and she is a consummate dental professional.

Dr. Rose established this family-oriented dental practice with a passionate commitment to her patients and insists that her staff is as dedicated to providing the highest quality dental care to restore optimal dental health in a comfortable and compassionate atmosphere to people of all ages. Our oldest patient of record is 102, and our youngest patient of record is six months old!

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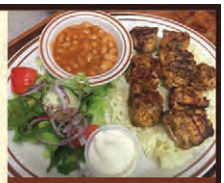

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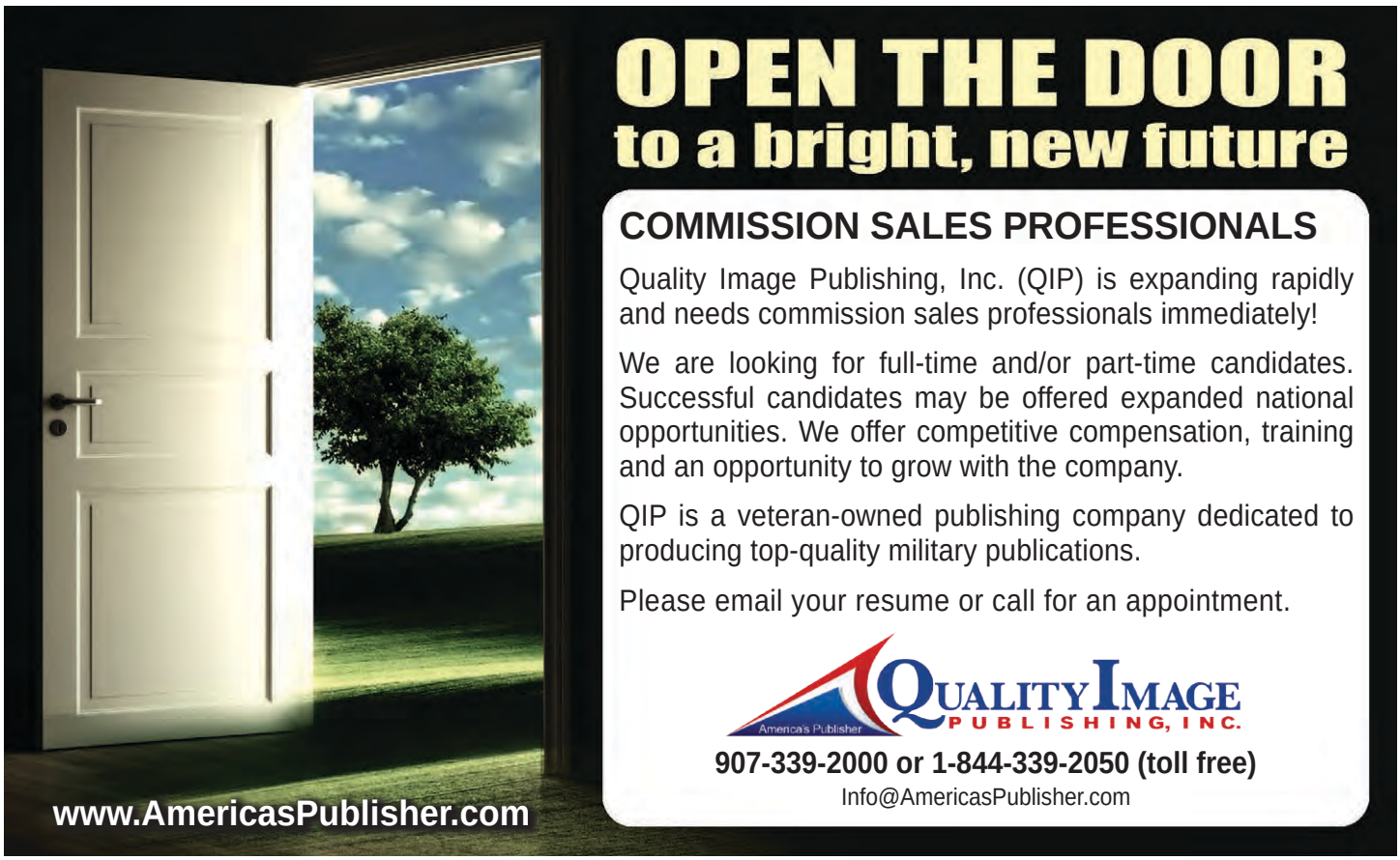

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